

20 January 2010

ELEGANT RESORTS LAUNCHES 'SPA & WELLBEING'
THE PERFECT INSPIRATION FOR NEW YEAR'S RESOLUTIONS WITH THE ULTIMATE IN
LUXURY SPA HOLIDAYS AROUND THE WORLD

Leading luxury travel company Elegant Resorts has launched '*Spa & Wellbeing*', the fourth in its collection of Lifestyle Guides, offering a handpicked selection of some of the finest spas in the most luxurious hotels and resorts around the world. Many feature some fantastic special offers such as 7 nights for the price of 5 and free spa treatments, making this the perfect guide for those looking to book a Spa-oriented luxury holiday for 2010.

Featured spas range from the legendary Chiva Som in Thailand to the luxurious Sandy Lane in Barbados and from the Al Maha Resort and Spa in Dubai with its exotic desert backdrop to Huvafen Fushi in the Maldives with its quite magical overwater and underwater treatments. There is also a wealth of spas across Europe and in the UK, including the Anassa in Cyprus, the Hotel Royal – Evian Royal Resort in France, and Grayshott Spa in Surrey.

To help clients find the perfect spa for their needs, the guide provides specific information on the type of treatments on offer, with the useful icons representing the different categories - *Pamper, Mind, Health, Medi, Learn, Retreat and Children*.

Commenting on the launch of the guide, Alison Scott, Commercial Director, Elegant Resorts says 'Spas are an intrinsic part of a luxury holiday. For those clients for whom the spa is the priority, this is the perfect guide, providing an authoritative insight into some of the best spas within our portfolio. With treatments ranging from the most indulgent pampering to serious detoxing, alternative and holistic therapies including ayurveda, acupuncture and water therapy, as well as expert tuition disciplines such as yoga, pilates and t'ai chi, there is plenty of inspiration for all those new year resolutions. And with the expert knowledge and service of the team at Elegant Resorts, you can be sure that you will be travelling in style.'

Examples of special offers featured include:

Chiva Som, Thailand

FREE COOKING CLASS & SPA TREATMENTS: Stay 7 nights, including full board & receive 1 complimentary cooking class and 2 treatments for couples per person, from **£3120** p.p. Valid 15 Jan-15 Dec 10 inclusive.

Banyan Tree, Phuket

FREE NIGHTS: Stay 7 nights for 5, including breakfast, from **£1685** p.p. – saving £670 per couple. Valid 15 Apr- 31 Oct 10 inclusive.

One&Only Le Saint Geran Mauritius

FREE NIGHTS & SPA TREATMENT: Stay 7 nights for 5, including breakfast, plus receive 1 complimentary 60- minute body massage for 1 person from **£1945** p.p. – saving £820 per couple. Valid 9 Jan-26 Mar; 18 Apr-30 Sep & 1 Oct-20 Dec 10 inclusive.

Huvafen Fushi, Maldives

FREE NIGHT, TRANSFERS, LUNCH & SPA TREATMENT: Stay 7 nights for 6, including breakfast, plus receive free return airport transfers, 1 3-course lunch at RAW and 1 60-minute couples' massage, from **£2265** p.p. – saving £780 per couple. Valid 12 Apr-30 Sep & 1 Oct-19 Dec 10 inclusive. Book by dates apply.

Gleneagles, Scotland

FREE SPA TREATMENT: Stay 3 nights, including breakfast & receive 1 complimentary 2-hour Advanced Back, Face & Scalp Massage With Hot Stones per person, from **£475** p.p. Valid 5 Jan-30 Apr 10 inclusive

For bookings, or further information, please contact Elegant Resorts Reservations on 01244 897517 or visit www.elegantresorts.co.uk.

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