JOURNEY TO THE TOP OF THE WORLD Follow Bonita Norris in an Everest Challenge with Elegant Resorts

If news about 22-year-old Bonita Norris climbing Everest has provided inspiration to take on a life-changing challenge, then look no further than Elegant Resorts' Five Year Everest Plan. Offered through an exclusive partnership with bespoke expedition specialist, 360 Elite, the inspirational plan provides all the necessary training and preparation to tackle the world's highest mountain and achieve a truly magnificent goal.

Definitely not a decision to be taken lightly, potential Everest trekkers require enormous dedication and the willingness to put in time and effort, whilst 360 Elite provides wisdom and insight through experienced mountain veterans. The training schedule involves ascending some of the world's most iconic mountains: Mont Blanc, Kilimanjaro, Aconcagua and Cho Oyu.

Alison Scott, Commercial Director at Elegant Resorts said: "The Everest Five Year Plan definitely isn't for the faint hearted. It's a gruelling challenge that will deliver the ultimate sense of euphoric achievement when completed. For clients looking for the ultimate adventure of a lifetime that will leave them feeling on top of the world, then look no further."

Other expeditions offered include the virtually undiscovered Inca trails in Peru, the Buddhist kingdom of Bhutan, the deserts of Namibia, the stunning mountain countryside of the Ukraine, summiting Kilimanjaro and an expedition to the North and South poles. Adventures are completely bespoke where even a personal chef can be requested to accompany an expedition. For more information call 01244 897538 or log on to www.elegantresorts.co.uk/expeditions/t

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