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PRESS RELEASE

ELEGANT RESORTS LAUNCH NEW WELLNESS COLLECTION

Featuring the best wellness resorts and retreats around the world

Leading Luxury Tour Operator Elegant Resorts unveils its new [Wellness Collection by Elegant Resorts](#) this week. The collection gathers 32 of the best wellness resorts and retreats in the world, carefully handpicked by the team, offering a wide range of therapies and treatments from emotional healing to results oriented fitness programmes, personal programmes by ayurveda experts and mindfulness.

Managing Director Lisa Fitzell commented: "I'm delighted to be launching our new wellness collection. Wellness has always been very close to my heart. I go on one retreat a year to reset and feel the benefits from it for the rest of the year. I know wellness is very much on our clients' minds and while we always featured some wonderful spas, we wanted to offer an expertly curated collection of places that deliver the best programmes and treatments so our clients can easily choose what suits them best. Our team has been trained to offer the best advice and knowledge when it comes to booking a wellness holiday."

The Wellness Collection is easily found on the operator's [website](#). Each resort and retreat entry feature its wellness offering and approach, with contact details to discuss specific needs with a trained agent. The collection offers a wide range of properties around the world from Asia to Africa via the Americas and Europe, which have been designed to offer a truly immersive experience for the mind, body and soul. Alongside personalised service, these wellbeing escapes offer something unique and have state-of-the-art facilities, amazing dining options and are in some of the world's most beautiful locations.

Highlights from the Wellness Collection by Elegant Resorts include:

Palmaia, The House of Aia - Sustainability, luxury and world-class wellness experiences combine at this all-inclusive, all-suite sanctuary set between the Mexican lush jungle and the turquoise waters of the Caribbean Sea on the Riviera Maya. Palmaia offers plant-based fine dining and an impressive curation of complimentary wellness rituals – from meditation and yoga to sound baths and ancestral dance before an authentic Mayan treatment at the jungle-shrouded spa.

COMO Shambhala Estate – COMO Shambhala Estate is a luxurious residential health retreat in Bali, beautifully located on a ridge overlooking the spectacular Ayung River, close to spiritual Ubud. Blessed with verdant jungle, rice terraces and sun-rich clearings, it's a serene haven of relaxation within nine hectares of lush tropical gardens. A holistic approach is taken to rejuvenate guests' mind, body and spirit, through expert programmes for health and wellbeing, incorporating tailored exercise and specialist COMO Shambhala cuisine. Privacy and natural solitude are combined with contemporary luxuries including state-of-the-art facilities, private infinity pool and large airy living pavilions, while every guest has a Personal Assistant to fulfil their every need.

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Rakxa Wellness - As an all-encompassing and immersive retreat set amongst the luxuriant Bang Krachao Island outside Bangkok in Thailand, Rakxa offers personalised treatments, specially crafted wellness services and luxuriously optimised programmes, it provides an immersive wellbeing journey and a long-lasting impact.

Euphoria - A place of transformation, healing and self-discovery In Greece. Just a stone's throw from the UNESCO World Heritage village of Mystras in the Peloponnese, the retreat is built around a historic mansion surrounded by orange groves and a private forest. The spa facilities are in another class. with four floors of appointed treatment rooms, a huge menu of therapies and programmes that combine ancient wisdom with modern science, as well as a host of cutting-edge facilities and experiences to ensure pure rejuvenation. Euphoria also offers bespoke health-focused Mediterranean cuisine, along with a range of complimentary active pursuits, including yoga, trekking and Tai Chi.

JOALI BEING – The first luxury hotel of its kind in the Maldives, JOALI BEING offers guests a unique and fully immersive wellness retreat based around the Four Pillars: mind, skin, microbiome, and energy. This stunning adult-only resort comprises inventive and inspiring transformational spaces along with its 64 luxurious villas. JOALI BEING offers all-encompassing, bespoke transformational wellness programs delivered in exceptional treatment rooms with biophilic design principles.

Six Senses at Zighy Bay - Set between the mountains and azure waters of the Bay of Oman, Six Senses Zighy Bay enjoys a spectacular, isolated location on Oman's Musandam Peninsula, nestled on a mile-long sandy beach. Six Senses Zighy Bay has an array of wellness and pampering programmes and treatments, including 'Integrated Wellness', yogic detox, holistic health, and fitness, along with pampering spa treatments, such as body rituals, facials, massages, acupuncture, and tailored packages dedicated to beauty, energy, and romance. Dedicated to promoting Omani culture, the 'Sense of Oman' three- or five-day programmes explore customs, traditions, and the Omani environment, including Arabian Facials, Signature Massages, traditional Moroccan hammam experiences and Padabhyang.

Chiva-Som: Set amid seven acres of lush, tropical gardens in the royal city of Hua Hin in Thailand, the award-winning Chiva-Som is one of the world's most lauded luxury health resorts. The beachfront resort delivers a bespoke, holistic wellness experience. The emphasis is on providing a bespoke wellness experience for each guest, based on individual consultations that take place on arrival. Chiva-Som's expert team includes nutritionists, doctors, naturopaths, alternative therapists, and fitness instructors. Led by guest goals, a programme is devised, incorporating diet, exercise, emotional needs, relaxation, and rest. With over 70 treatment rooms offering diverse face and body treatments, a kinesis studio, gym, outdoor and indoor swimming pools, and a range of water and thermal experiences, the wellness facilities are unparalleled.

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Images can be accessed and downloaded – [Images](#)

For further information on Elegant Resorts, please contact Charlotte Wilmots at Charlotte's Web PR.

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